DISTANCE EDUCATION PROGRAM

POSTGRADUATE DIPLOMA IN
FOOD & NUTRITION

1-YEAR PROGRAM (2 SEMESTERS)

PURSUIT OF EXCELLENCE

ADMISSION OPEN

Online application forms are available at www.mms.bzu.edu.pk and office of the Directorate of Distance Education, BZU

Program Description
Recent advances in the realm of nutrition and food science have reshaped the paradigm of conventional prescription drugs to nutritional therapies. A deeper insight into food composition, distribution, processing, preservation and packaging alongside an understanding of nutritional requirements of population have become extremely important for food and health professionals. This post graduate diploma provides graduates with the expertise to work in nutrition education and promotion coupled with a food and allied industry setting. The diploma primarily focuses on training a wide range of professionals including physicians, healthcare staff, nutritionists, dietitians, food scientists, food industry personnel, restaurants managers/owners, catering managers, pharmacists, production managers, public health educators, regulatory affairs specialists, food business entrepreneurs, public analysts, food inspectors, food business consultants etc. The curriculum for this program has been sagaciously designed to provide a high quality, cutting-edge developments in the field of food and nutrition to prepare graduates for success in a variety of careers and for advanced study. Another compelling feature of the program is the timeframe which this program is offered in i.e. weekends (Saturday & Sunday) thereby enabling the professionals to enhance their skill who are already engaged with jobs and related business activities during the week.

The goals of the program are:

- To provide graduates with high-quality broad-based knowledge that would meet the nutrition, food and health needs of society and to ensure a sustainable and long-lasting system of food security and safety.
- To produce a squad of skilled professionals that could provide a sustainable solution to issues pertaining to food and nutrition through critical thinking and problem solving approach.
- To prepare graduates specialized in food science and nutrition to promote nutrition education, training of farmers in food processing, preservation and value addition and to eventually mitigate poverty and disease burden in the region.

Mission & Goals of the Department
The mission of the Department of Food Science and Technology at BZ University is to offer flexible and conducive learning environment for professionals and to provide them with an academic background for advancement in the field of food science and nutrition. The program aims at producing an excellence crew in the region that may help advancing nutrition knowledge, fostering efforts to curtail poverty that primarily emanates from food insecurity and disease burden.

Eligibility
The graduates seeking admission to PGD in Food and Nutrition must hold at the minimum a bachelor degree (14 years education) preferably with science subjects.

Applications complete in all respects should reach the office of the Department of Food Science & Technology, Bahauddin Zakariya University, Multan by October 11, 2013 at 4:00 pm.

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Weekend Program
Days & Timings
8:30 am – 3:30 pm (Saturday & Sunday)

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